



**Disabled Children Matter Wales**  
**Plant Anabl yn Cyfri Cymru**



## ***“Enough money to live on”***

### **Reading List Disabled Children and Poverty**

#### **Reports**

Barnardo's: [It Doesn't Happen Here](#)

This report confirms that families with disabled children are at a greater than average risk of persistent poverty.

Barnardo's: [Still Missing out - Ending Child Poverty and Social Exclusion: Messages to Government from Families with Disabled Children](#)

Based on the experience of families across the UK, this report illustrates the extent to which poverty continues to blight the lives of so many disabled children, young people and their families.

CarersUK: [Managing More than Most: A statistical analysis of families with sick or disabled children](#)

This report explores statistics about caring for a sick or disabled child and its impact on parental employment.

Contact a Family: [Counting the Costs](#)

This report finds that families with disabled children are struggling with soaring cost of living and some families are going without basic food and heating.

Contact a Family: [Poverty and families with disabled children in Wales](#)

This briefing is a summary of the issues highlighted by recent research into the experiences of families with disabled children.

Contact a Family & Child Poverty Action Group: [Out of Reach: benefits for disabled children](#)

Research into problems faced by families with disabled children accessing welfare entitlements.

Contact a Family & Family Fund: [Debt and Disability: The impact of debt on families with disabled children.](#)

A survey into debt via the Contact a Family website and in conjunction with the Family Fund

Centre for Analysis of Social Exclusion: [Helter Skelter: Families, disabled children and the benefit system](#)

This qualitative study, based on semi-structured interviews with 20 families who have a disabled child or children, investigates their experience of applying for disability living allowance (DLA) and how they use additional benefit income.

Department for Education & Skills: [Preventing Social Exclusion of Disabled Children and Their Families](#)

Literature review paper produced for the National Evaluation of the Children's Fund.

End Child Poverty: [Disabled Children, their Families and Child Poverty](#)

Briefing paper which argues that families with disabled children have a high risk of living in poverty because of the considerable additional and ongoing expenses incurred in caring for their children.

Every Disabled Child Matters: [Disabled Children and Child Poverty](#)

Briefing paper by the Every Disabled Child Matters campaign which wants the government to invest £4 billion in benefits and child tax credits

Family Fund: [How do They Manage? Income and Expenditure of Families with Severely Disabled Children](#)

This paper focuses on patterns of income and expenditure amongst families with severely disabled or seriously ill children.

Institute for Health Research: [The Socio-Economic Circumstances of Families Supporting a Child at Risk of Disability in Britain in 2002](#)

A detailed description of the nature of the socioeconomic circumstances faced by families supporting a child with disabilities in a relatively large representative sample of families in Britain.

Institute for Public Policy Research: [Opportunities for the full and equal citizenship of disabled people in Britain in 2020](#)

There is a 'two-way relationship' between poverty and disability among Britain's children, according to this research.

Joseph Rowntree Foundation: [Paying to Care: The cost of childhood disability](#)

This study of the financial costs of bringing up a child with a severe disability brought together groups of parents to establish the minimum essential costs.

Joseph Rowntree Foundation: [The impact of childhood disability on family life](#)

This is the second report of a study that explored the additional financial costs to parents of bringing up a child with a severe disability.

Joseph Rowntree Foundation: [On the edge: Minority ethnic families caring for a severely disabled child](#)

Families from minority ethnic groups caring for a severely disabled child are even more disadvantaged than white families in similar situations.

Joseph Rowntree Foundation: [Combining work and care: working parents of disabled children](#)

This study analysed detailed accounts of parents from 40 families who are combining employment with care of disabled children

Leonard Cheshire Disability: [Disability Poverty in the UK](#)

A report that looks at financial poverty and poverty of opportunity and emotional poverty that disabled people face in the UK.

Work and Pensions Committee: [The best start in life? Alleviating deprivation, improving social mobility, and eradicating child poverty](#)

The committee calls for a review of disability living allowance (DLA) to ensure it reflects the additional cost of living for disabled people, and for the government to consider extending winter fuel payments to families with disabled children under five who receive the middle or higher rate of DLA.

## **Books**

Child Poverty Action Group: [A Route out of Poverty? Disabled people, work and welfare reform](#)

Explores the evidence linking poverty and disability. Chapter 3: Changing weights and measures: disability and child poverty by Tania Burchardt.

Langerman, C. and Chorost, M. (2005) Ordinary Lives: Disabled Children and Their Families. London: New Philanthropy Capital

Save the Children: [Why Money Matters](#)

Families with disabled children face significant extra costs that are not accounted for in official poverty measures. As a result, large numbers of disabled children are growing up in hidden poverty.

## Journal Articles

Reith, L. (2001) 'Children, Poverty and Disability', *Poverty: Journal of the Child Poverty Action Group*, 109: pp 10-13. ([www.cpaq.org.uk](http://www.cpaq.org.uk))

Roberts, K. and Lawton, D. (1999) 'Financial assistance for families with severely disabled children and transport costs', *Children & Society: The International Journal of Childhood and Children's Services*, vol 13, no 5, pp 333-45.

## Policy Context

Welsh Assembly Government: [A Fair Future for Our Children](#)  
The strategy of the Welsh Assembly Government for tackling child poverty.

Welsh Assembly Government: [Child Poverty Implementation Plan - Phase 1 Proposals](#)

This describes detailed proposals designed to help meet the objectives in our child poverty strategy, A Fair Future for Our Children

Welsh Assembly Government: [Children and Young People: Rights to Action](#)

Seven Core Aims – Aim 7: Children And Young People Not Disadvantaged By Poverty

## UNCRC

[Article 23](#): States Parties recognize that a mentally or physically disabled child should enjoy a full and decent life, in conditions which ensure dignity, promote self-reliance and facilitate the child's active participation in the community.

[Article 27](#): States Parties recognize the right of every child to a standard of living adequate for the child's physical, mental, spiritual, moral and social development.

This reading list was put together by the Children in Wales Policy Information Service. For further information, or if you have anything you would like to add to this list, please e-mail [info@childreninwales.org.uk](mailto:info@childreninwales.org.uk).

